### PRODUCT DESCRIPTION:

51% whole grain egg roll filled with tender chicken, freshly shredded carrots, cabbage, celery, onion and authentic spices, rolled in a crispy egg roll wrapper

- Meets 1M/MA & 1G + ¼ Veg crediting
- Fresh vegetables are shredded in-house daily and traditional egg roll wrappers are made in-house
- · Smart Snack Compliant
- . No High Fructose Corn Syrup, no certified artificial colors, no added MSG
- Pre-cooked for food safety. Easy prep, freezer-to-oven convenience
- Serve with one of our MINH® Less Sodium Sauces for dipping

### MENU APPLICATIONS:

- · A perfect side or appetizer to an Asian-inspired entrée
- · Asian-themed menu
- · Serve with Asian-style dipping sauce

### PREP INSTRUCTIONS:

FOR FOOD SAFETY AND QUALITY, HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. PREPARATION INSTRUCTIONS BASED ON FULL SIZE SHEET PAN (WITH APPROXIMATELY 48 EGG ROLLS) CONVECTION OVEN (PREFERRED): PREHEAT OVEN TO 350°F. PLACE EGG ROLLS ON BAKING SHEET. FOR FROZEN PRODUCT HEAT FOR 21 MINUTES WITH HIGH FAN SETTING, 24 MINUTES WITH LOW FAN SETTING. FOR THAWED PRODUCTS HEAT FOR 14 MINUTES WITH HIGH FAN SETTING, 15-16 MINUTES WITH LOW FAN SETTING. CONVENTIONAL OVEN: PREHEAT OVEN TO 425°F. PLACE 8 EGG ROLLS ON BAKING SHEET. FOR FROZEN PRODUCT BAKE FOR 23 MINUTES. FOR THAWED PRODUCTS BAKE FOR 13 MINUTES. NOTE: DUE TO VARIANCES IN OVEN REGULATORS, HEATING TIMES AND TEMPERATURES MAY REQUIRE ADJUSTMENTS.

<b>Cooking Method</b>	Temp	Time	Instructions	
Convection Oven	350 °F	24 MINUTES -LOW FAN	Prepare from frozen state	
Convection Oven	350 °F	21 MINUTES-HIGH FAN	Prepare from frozen state	
Convection Oven	350 °F	14 MIN HIGH FAN	Prepare from thawed state	
Convection Oven	350 °F	15-16 MIN LOW FAN	Prepare from thawed state	
Conventional Oven	425 °F	23 MINUTES	Prepare from frozen state	
Conventional Oven	425 °F	13 MINUTES	Prepare from thawed state	

# SHIPPING INFO / SHELF LIFE:

# SHIPPING INFO:

10072180691870	
14.06	
13.50	
3.00	
0.50	
11.5 x 9 x 8.38	
119	
17	
7	
365	
7	

## ALLERGENS:

#### Contains

Milk or its Derivatives, Eggs or its Derivatives, Wheat or its Derivatives, and Soy or its Derivatives.



### INGREDIENTS:

INGREDIENTS: CABBAGE, FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENRICHED DURUM FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACIDI), GROUND CHICKEN. WATER, CARROTS, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [VITAMIN B1]. PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CYANOCOBALAMIN [VITAMIN B12]), CELERY, CONTAINS 2% OR LESS OF: YELLOW ONION, DRIED WHOLE EGGS, WHEY PROTEIN CONCENTRATE, SALT, SUGAR, WHEAT GLUTEN, SOY SAUCE POWDER (SOY SAUCE [WHEAT, SOYBEANS, SALT], MALTODEXTRIN, SALT), MODIFIED FOOD STARCH, VEGETABLE OIL, DRIED ONION, SEA SALT, YEAST EXTRACT, DRIED GARLIC, SPICE, DEXTROSE, RICE BRAN, NATURAL FLAVOR, ASCORBIC ACID, CORNSTARCH, FRIED IN VEGETABLE OIL

# NUTRITION INFORMATION:



Information contained in this document is believed to be accurate and offered in good faith for the benefit of the customer. Nutrition data is calculated and offered for information purposes; some variation can occur depending on several factors. This document may contain proprietary confidential, trade secret or privileged information. Any unauthorized review, use, disclosure or distribution is prohibited and may be a violation of law.



Jason Kerr Director Regulatory Affairs & Specification Management

Serving Size:	1 Egg Roll (85g)	7.1.1
Serving Size (grams):	85	-
Serving Size (weight oz):	3	1.5
Eaches/Case:	72	
Inner Packs/Case:	1	-
Servings/Case:	72	19 79 19
Calories:	160	-
Calories From Fat:	45	-
% Calories From Fat:	28%	-
Calories From Saturated Fat:	10	
% Calories from Saturated Fat:	5%	
Total Fat:	5	7%
Saturated Fat:	1	5%
Trans Fat:	0	
Cholesterol:	35	11%
Sodium:	390	17%
Potassium:	390	8%
Total Carbohydrate:	19	7%
Total Dietary Fiber:	3	11%
Sugars:	2	
Added Sugars:	1	1%
Protein:	10	
Vitamin A:	50	6%
Vitamin C:	7	8%
Vitamin D:	0	0%
Calcium:	40	4%
Iron:	1.6	10%
Whole Grain:		STEEL STORY

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.



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# FOR INSTITUTIONAL USE KEEP FROZEN



# WHOLE GRAIN EGG ROLLS

WITH CHICKEN & TEXTURED VEGETABLE PROTEIN PRODUCT

INGREDIENTS: FILLING: CABRAGE, GROUND CHICKEN, CARROTS, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC) OXIDE, MACINAMIDE, FERROUS SULFATE, COPPER GLUCCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THAMINE MONCHURATE, BIT, PYBLOCKIUE HOSE, RIACT, SALT, DEXTROSE, NATURAL FLAVORD, SUGAR, WHATER, ONLON, CONTAINS 2% OR LESS OF DRIED WHOLE EGG, WHEY PROTEIN CONCENTRATE, FLAVOR (MUTOLYZED YEAST EXTRACT, SALT, DEXTROSE, NATURAL FLAVORD, SUGAR, SALT, MATER) ONLON, CONTAINS 2% OR DRIED, SOYBEAN, SALT, MALTODEXTRIN, SALT), MODIFIED FOOD STATER, OF HYDRATED ONLONS, SEA SALT, GABLUC, SPICE; WHEAT FLOUR, SOYBEAN, COTTONSEED, CARRO, WHOLE FLOUR WHEAT FLOUR WATER, FRIED IN VEGETABLE OIL SOYBEAN, COTTONSEED, COORN, AND/OR CANOLA OIL, HAVOR (AUTOLYZED YEAST EXTRACT, SALT, DEXTROSE, NATURAL FLAVOR), DRIED WHOLE EGG, SALT, FICE EXTRACT, ASCORBIO ACID, CONTAINS 200, OF LESS OF: WHEAT GLUTEN WATER, FRIED IN VEGETABLE OIL SOYBEAN, COTTONSEED, COORN, AND/OR CANOLA OIL).

(SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL, HAVOR (AUTOLYZED YEAST EXTRACT, SALT, DEXTROSE, NATURAL FLAVOR), DRIED WHOLE EGG, SALT, FICE EXTRACT, ASCORBIO ACID, CONTAINS 200, OF THE WATER, FRIED IN VEGETABLE OIL SOYBEAN, COTTONSEED, COORN, AND/OR CANOLA OIL). 60 - 3.0 OZ. EGG ROLLS

CONTAINS: WHEAT, SOY, MILK AND EGGS.

Each 3.00 oz. Egg Roll provides 1.00 oz. equivalent meatimeat alternate, CN 1.00 oz equivalent grains, and 1/4 cup other vegetable for the Child C Nuntion Meal Pattern Requirements, (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09-12.) 2 085076

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QUESTIONS OR COMMENTS? PLEASE CONTACT US AT 877-302-7426 OR VIST OUR WEBSITE AT WWW.SCHWANISFOODSFRVICE.COM NET WT. 11.25 LBS. (5.10 Kg)

COOKING INSTRUCTIONS COOK BEFORE SERVING, COOKING INSTRUCTIONS ARE BASED ON A FULL SIZE SHEET PAN (WITH APPROXIMATELY 54 EGG HOLLS).

CONVECTION OVER PREHEAT OVEN TO 350°F. PLACE EGG. ROLLS ON BAKING SHEET. FOR FROZEN PRODUCT COOK FOR 23-22 MINLITES: FOR THAWED PRODUCT COOK FOR 12-13

NOTE: DUE TO VARIANCES IN OVEN REQUIATORS, COOKING TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENTS.

69461







10072180694611

### PRODUCT DESCRIPTION:

51% Whole Grain egg roll filled with freshly ground pork, crisp cabbage, carrots, onion, celery, and Asian seasonings rolled in a crispy egg roll wrapper

- · Fresh vegetables are shredded in-house daily and traditional egg roll wrappers are made
- Easy prep, freezer-to-oven convenience
- · Pre-cooked for food safety
- No High Fructose Corn Syrup, no certified artificial colors, no added MSG
- · Every case includes branded sleeves for To Go convenience and portability

### MENU APPLICATIONS:

- · Mainline or a la carte menus
- · Asian-themed menu
- · Serve with MINH(r) Asian sauces

# CHILD NUTRITION INFORMATION:

085750 -Each 3.00 oz. Pork and Textured Vegetable Protein Product Egg Roll provide 1.00 oz. equivalent meat/meat alternate, 1.00 oz. equivalent grains, and 1/4 cup other vegetable for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11-12.)

# HARD BID SPECIFICATIONS:

MINH® 3.0 oz WG Pork & Vegetable Egg Roll must provide 1.00 oz. equivalent meat/meat alternate, 1.00 oz. of equivalent grains, 1/4 cups other vegetables, Portion to provide a minimum of 140 calories with no more than 9 fat grams. Must contain a minimum of 2 grams of fiber and less than 400 of sodium. Case pack of 60 per case.

CN Label required. Acceptable Brand: MINH® 69204

### PREP INSTRUCTIONS:

PREPARATION INSTRUCTIONS. COOK BEFORE SERVING. PREPARATION INSTRUCTIONS BASED ON FULL SHEET PAN (WITH APPROXIMATELY 54 EGG ROLLS). CONVECTION OVEN: Preheat oven to 350°F. Place egg rolls on baking sheet. Cook for 24 minutes if frozen; 19-21 minutes if thawed. Turn product over half way through baking time. CONVECTIONAL OVEN- 1 PIECE: Preheat oven to 425°F. Place egg roll on a foil lined baking tray and place on middle oven rack. Heat for 15-16 minutes if frozen; 9-10 minutes if thawed. Turn product over half-way through baking. Let stand 2 minutes before serving. MICROWAVE(1100 Watts)- 1 PIECE: Wrap 1 egg roll in a paper sleeve or paper towel and put on a paper plate. Microwave on high for 1 1/2 - 1 1/4 minutes if frozen; 45 seconds to 1 minute if thawed. Let it stand 2 minutes before serving. NOTE: Due to variances in appliances, baking time and temperature may require adjustments. Refrigerate or discard any unused portion

Cooking Method	Temp	Time	Instructions	
Convection Oven 35		24 MINUTES	Prepare from frozen state	
Convection Oven	350 °F	19-21 MINUTES	Prepare from thawed state	
Microwave: (1100 Watts)		1 1/2 - 1 3/4 MINUTE	Prepare from frozen state	
Microwave: (1100 Watts)	00 45 SEC- 1 N		Prepare from thawed state	
Conventional Oven 425 °F		15-16 MINUTES	Prepare from frozen state	
Conventional Oven 425 °F		9-10 MINUTES	Prepare from thawed state	

# ALLERGENS:



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Jason Kerr Director Regulatory Affairs & Specification Management



### INGREDIENTS:

INGREDIENTS: FILLING: CABBAGE, GROUND PORK (NOT MORE THAN 20% FAT), CARROTS, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [VITAMIN B1], PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CYANOCOBALAMIN [VITAMIN B12]), ONION, CELERY, WHEY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: DRIED WHOLE EGG, SUGAR, SALT, FOOD STARCH, BLEACHED WHEAT FLOUR, FISH SAUCE (ANCHOVY FISH EXTRACT, SALT, SUGAR), DRIED GARLIC, SPICE, SODIUM ALGINATE; WRAPPER: WHITE WHOLE WHEAT FLOUR, WATER. ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE. RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, VEGETABLE OIL (COTTONSEED AND/OR CANOLA OIL), FLAVOR (SALT, YEAST EXTRACT, DEXTROSE, NATURAL FLAVOR), DRIED WHOLE EGG, SALT, RICE EXTRACT, ASCORBIC ACID, CORNSTARCH; SEALER: WATER. FRIED IN VEGETABLE OIL (COTTONSEED AND/OR CANOLA OIL).

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SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:	
GTIN (Case):	10072180692044
Gross Weight:	12.50
Net Weight:	11.25
Each Weight:	3.00
Cube:	0.38
Dimensions (LaWall)	13.44 x 8.69 x
Dimensions (LxWxH):	5.63
Cases/Pallet:	140
Tie:	14
High:	10
Frozen Shelf Life (days):	390
Refrigerated Shelf Life (days):	0

Contains Milk or its Derivatives, Eggs or its Derivatives, Wheat or its Derivatives, Soy or its Derivatives, and Fish Protein.

# **NUTRITION INFORMATION:**

NUTRITION IN ORMATION.		
Serving Size:	1 Piece (85g)	
Serving Size (grams):	85	
Serving Size (weight oz):	3	
Eaches/Case:	60	
Inner Packs/Case:	1	
Servings/Case:	60	ELECTIVE STATE
Calories:	170	
Calories From Fat:	60	
% Calories From Fat:	37%	
Calories From Saturated Fat:	20	
% Calories from Saturated Fat:	10%	
Total Fat:	7	9%
Saturated Fat:	2	10%
Trans Fat:	0	
Cholesterol:	25	9%
Sodium:	300	13%
Potassium:	299	6%
Total Carbohydrate:	20	7%
Total Dietary Fiber:	3	11%
Sugars:	3	
Added Sugars:	1	1%
Protein:	9	
Vitamin A:	71	8%
Vitamin C:	8	8%
Vitamin D:	0	0%
Calcium:	50	4%
Iron:	1.7	10%
Whole Grain:	10	51%



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