

<b>Product Name:</b>	Pier 17 Butter Crumb Cod Portions	<b>Code No.:</b>	02485
<b>Manufacturer:</b>	High Liner Foods	<b>Serving Size:</b>	5 oz

**Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA)  
In Child Nutrition Programs**

MEAT/MEAT ALTERNATE COMPONENT				
DESCRIPTION OF CREDITABLE MEAT INGREDIENTS PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD B	CREDITABLE AMOUNT A X B
Fish, Cod	3.5	X	0.78	2.73
		X		
<b>TOTAL</b>				2.5

**ALTERNATE PROTEIN PRODUCT (APP)**

DESCRIPTION OF APP MANUFACTURER'S NAME AND CODE NUMBER	OUNCES DRY PER APP PORTION C	MULTIPLY	% OF PROTEIN AS IS D	DIVIDE	CREDITABLE AMOUNT APP C X D / 18
N/A		X		18	N/A
		X			
<b>TOTAL CREDITABLE APP AMOUNT</b>					N/A
<b>TOTAL CREDITABLE AMOUNT (MEAT + ALTERNATE ROUNDED DOWN TO NEAREST 1/4 OZ)</b>					2.5

Total weight (per portion) of product as purchased 5 oz

I certify that the above information is true and correct and that a 5 ounce serving of the above product (ready for serving) contains 2.5 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

**Product Formulation Statement for Documenting Grains**

<b>Signature</b>	<i>Cora O'Rourke</i>	<b>Title</b>	Sr. Regulatory Specialist
<b>Printed Name</b>	Cora O'Rourke	<b>Date</b>	1.16.2024

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**In Child Nutrition Programs**  
(Crediting Standards Based on Grams of Creditable Grains (ounce equivalent))

Does the product meet the whole grain-rich criteria? Choose an item.

Does the product contain non-creditable grains? Choose an item. How Many Grams: Click or tap here to enter text.

Indicate which Exhibit A group (A-I) the product belongs: Choose an item.

**GRAIN COMPONENT**

DESCRIPTION OF CREDITABLE GRAIN INGREDIENT	GRAMS OF CREDITABLE GRAIN INGREDIENT PER PORTION A	GRAM STANDARD OF CREDITABLE GRAINS PER OZ EQ (16g or 28g) B	CREDITABLE AMOUNT A / B
TOTAL			
TOTAL CREDITABLE AMOUNT (Rounded down to nearest 1/4 oz)			

Total weight (per portion) of product as purchased Click or tap here to enter text.

I certify that the above information is true and correct and that a Click or tap here to enter text. ounce serving of the above product (ready for serving) contains Click or tap here to enter text. Oz eq grains.

I further certify that non-creditable grains are not above 0.24 oz eq or 3.99g per portion.

<b>Signature</b>	<i>Cora O'Rourke</i>	<b>Title</b>	Sr. Regulatory Specialist
<b>Printed Name</b>	Cora O'Rourke	<b>Date</b>	1.16.2024

Bring fun to lunchtime with star and fish shaped nuggets as well as sandwich and entrée portions. Fortified with whole grains and soy protein, you can feel good about offering these nutritious oven baked Pollock portions. Final product is value added and packed in US.;



Product Last Saved Date: 09 November 2020

## Nutrition Facts

40 Servings per container	
<b>Serving Size</b>	<b>4 nuggets</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>220</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 10 g	<b>13%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 25 mg	<b>8%</b>
<b>Sodium</b> 770 mg	<b>33%</b>
<b>Total Carbohydrates</b> 21 g	<b>8%</b>
Dietary Fiber 2 g	<b>6%</b>
Total Sugars 1 g	
Includes 1 g Added Sugars	<b>1%</b>
<b>Protein</b> 13 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%
Iron 1.8 mg	10%
Potassium 220 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10020540	00079149205409	Wild

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10.0 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.8125 INH	7.8125 INH	10.125 INH	0.5407 FTQ	20x4	540 Days	0 FAH / 0 FAH

### Ingredients :

66.0% SEAFOOD MIX (52.8% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 8.9% WATER; 2.8% VEGETABLE PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN); 1.5% SEASONING (SALT, SODIUM PHOSPHATE, MALTODEXTRIN, DEXTROSE, AUTOLYZED YEAST, NATURAL FLAVOR)); 34.0% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, YELLOW CORN FLOUR, MODIFIED CORN STARCH, SUGAR, SALT, WATER, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, SOY, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 10-12 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

### Serving Suggestions:

Entrees, Finger Foods, Kid-Friendly

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified:  
Has CN Statement: Yes  
CN Statement: 2M/1.5G



CN Information

CN Statement 2M/1.5G
Suggested Bid
Meat/Meat Alternative 0.64584 OZ X 4 X 0.78 = 2.00 OZ
Whole Grain Credit Calculation 0.2229 OZ PER NUGGET X 28.35G = 6.3192/16 = 0.395 X 4 NUGGETS = 1.579 OZ

Label Copy

\*Please note: label for bid purposes only per USDA Documents SP11v2 CACFP10SFSSP13 2015. Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



INDIVIDUALLY QUICK FROZEN

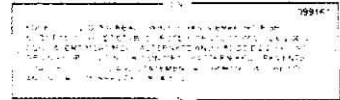
KEEP FROZEN DO NOT REFREEZE 2585149



Oven Ready Whole Grain Breaded Fish & Star Shaped Fish Nuggets 1 oz Made with Vegetable Protein Product

10020540

LOT #: 1234567890



10020540

MANUFACTURED BY HIGH LINER FOODS, BOSTON, MA 02116 FOR INQUIRIES CALL 1-888-680-3884 www.highlinerfoods.com

NET WT 10 Lb (4.54 kg)



High Liner Bid Desk Contact and Specification Verification

CN # 099161 ✓ exp 3/8/26

Desk Email: Sales Operations Manager #11 PH: 603-818-5734 Email: [redacted]

Four = 2 oz m & 1.5 oz WG

KEEP FROZEN  
DO NOT  
REFREEZE

INGREDIENTS: 65% SEAFOOD MIX (POLLOCK, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR, CORN STARCH, SUGAR, SALT, WATER, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, DEHYDRATED ONION, PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), 35% BREADING MIX (WHEAT FLOUR, ENRICHED WHEAT FLOUR, CORN STARCH, SUGAR, SALT, WATER, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, DEHYDRATED ONION, PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), 2% POLYDIPHOSPHATE, 2% MONOSODIUM PHOSPHATE, 2% POTASSIUM PHOSPHATE, 2% SODIUM PHOSPHATE, 2% CALCIUM PHOSPHATE, 2% MAGNESIUM PHOSPHATE, 2% ZINC PHOSPHATE, 2% IRON PHOSPHATE, 2% COPPER PHOSPHATE, 2% MANGANESE PHOSPHATE, 2% NICKEL PHOSPHATE, 2% CHROMIUM PHOSPHATE, 2% MOLYBDENUM PHOSPHATE, 2% VANADIUM PHOSPHATE, 2% SELENIUM PHOSPHATE, 2% ZINC OXIDE, 2% IRON OXIDE, 2% COPPER OXIDE, 2% CHROMIUM OXIDE, 2% MANGANESE OXIDE, 2% NICKEL OXIDE, 2% SELENIUM OXIDE, 2% VITAMIN B1, 2% VITAMIN B2, 2% VITAMIN B3, 2% VITAMIN B6, 2% VITAMIN B12, 2% VITAMIN C, 2% VITAMIN E, 2% VITAMIN K, 2% VITAMIN P, 2% VITAMIN Q, 2% VITAMIN R, 2% VITAMIN S, 2% VITAMIN T, 2% VITAMIN U, 2% VITAMIN V, 2% VITAMIN W, 2% VITAMIN X, 2% VITAMIN Y, 2% VITAMIN Z, 2% VITAMIN AA, 2% VITAMIN AB, 2% VITAMIN AC, 2% VITAMIN AD, 2% VITAMIN AE, 2% VITAMIN AF, 2% VITAMIN AG, 2% VITAMIN AH, 2% VITAMIN AI, 2% VITAMIN AJ, 2% VITAMIN AK, 2% VITAMIN AL, 2% VITAMIN AM, 2% VITAMIN AN, 2% VITAMIN AO, 2% VITAMIN AP, 2% VITAMIN AQ, 2% VITAMIN AR, 2% VITAMIN AS, 2% VITAMIN AT, 2% VITAMIN AU, 2% VITAMIN AV, 2% VITAMIN AW, 2% VITAMIN AX, 2% VITAMIN AY, 2% VITAMIN AZ, 2% VITAMIN BA, 2% VITAMIN BB, 2% VITAMIN BC, 2% VITAMIN BD, 2% VITAMIN BE, 2% VITAMIN BF, 2% VITAMIN BG, 2% VITAMIN BH, 2% VITAMIN BI, 2% VITAMIN BJ, 2% VITAMIN BK, 2% VITAMIN BL, 2% VITAMIN BM, 2% VITAMIN BN, 2% VITAMIN BO, 2% VITAMIN BP, 2% VITAMIN BQ, 2% VITAMIN BR, 2% VITAMIN BS, 2% VITAMIN BT, 2% VITAMIN BU, 2% VITAMIN BV, 2% VITAMIN BV, 2% VITAMIN BW, 2% VITAMIN BX, 2% VITAMIN BY, 2% VITAMIN BZ, 2% VITAMIN CA, 2% VITAMIN CB, 2% VITAMIN CC, 2% VITAMIN CD, 2% VITAMIN CE, 2% VITAMIN CF, 2% VITAMIN CG, 2% VITAMIN CH, 2% VITAMIN CI, 2% VITAMIN CJ, 2% VITAMIN CK, 2% VITAMIN CL, 2% VITAMIN CM, 2% VITAMIN CN, 2% VITAMIN CO, 2% VITAMIN CP, 2% VITAMIN CQ, 2% VITAMIN CR, 2% VITAMIN CS, 2% VITAMIN CT, 2% VITAMIN CU, 2% VITAMIN CV, 2% VITAMIN CV, 2% VITAMIN CW, 2% VITAMIN CX, 2% VITAMIN CY, 2% VITAMIN CZ, 2% VITAMIN DA, 2% VITAMIN DB, 2% VITAMIN DC, 2% VITAMIN DD, 2% VITAMIN DE, 2% VITAMIN DF, 2% VITAMIN DG, 2% VITAMIN DH, 2% VITAMIN DI, 2% VITAMIN DJ, 2% VITAMIN DK, 2% VITAMIN DL, 2% VITAMIN DM, 2% VITAMIN DN, 2% VITAMIN DO, 2% VITAMIN DP, 2% VITAMIN DQ, 2% VITAMIN DR, 2% VITAMIN DS, 2% VITAMIN DT, 2% VITAMIN DU, 2% VITAMIN DV, 2% VITAMIN DV, 2% VITAMIN DW, 2% VITAMIN DX, 2% VITAMIN DY, 2% VITAMIN DZ, 2% VITAMIN EA, 2% VITAMIN EB, 2% VITAMIN EC, 2% VITAMIN ED, 2% VITAMIN EE, 2% VITAMIN EF, 2% VITAMIN EG, 2% VITAMIN EH, 2% VITAMIN EI, 2% VITAMIN EJ, 2% VITAMIN EK, 2% VITAMIN EL, 2% VITAMIN EM, 2% VITAMIN EN, 2% VITAMIN EO, 2% VITAMIN EP, 2% VITAMIN EQ, 2% VITAMIN ER, 2% VITAMIN ES, 2% VITAMIN ET, 2% VITAMIN EU, 2% VITAMIN EV, 2% VITAMIN EV, 2% VITAMIN EW, 2% VITAMIN EX, 2% VITAMIN EY, 2% VITAMIN EZ, 2% VITAMIN FA, 2% VITAMIN FB, 2% VITAMIN FC, 2% VITAMIN FD, 2% VITAMIN FE, 2% VITAMIN FF, 2% VITAMIN FG, 2% VITAMIN FH, 2% VITAMIN FI, 2% VITAMIN FJ, 2% VITAMIN FK, 2% VITAMIN FL, 2% VITAMIN FM, 2% VITAMIN FN, 2% VITAMIN FO, 2% VITAMIN FP, 2% VITAMIN FQ, 2% VITAMIN FR, 2% VITAMIN FS, 2% VITAMIN FT, 2% VITAMIN FU, 2% VITAMIN FV, 2% VITAMIN FV, 2% VITAMIN FW, 2% VITAMIN FX, 2% VITAMIN FY, 2% VITAMIN FZ, 2% VITAMIN GA, 2% VITAMIN GB, 2% VITAMIN GC, 2% VITAMIN GD, 2% VITAMIN GE, 2% VITAMIN GF, 2% VITAMIN GG, 2% VITAMIN GH, 2% VITAMIN GI, 2% VITAMIN GJ, 2% VITAMIN GK, 2% VITAMIN GL, 2% VITAMIN GM, 2% VITAMIN GN, 2% VITAMIN GO, 2% VITAMIN GP, 2% VITAMIN GQ, 2% VITAMIN GR, 2% VITAMIN GS, 2% VITAMIN GT, 2% VITAMIN GU, 2% VITAMIN GV, 2% VITAMIN GV, 2% VITAMIN GW, 2% VITAMIN GX, 2% VITAMIN GY, 2% VITAMIN GZ, 2% VITAMIN HA, 2% VITAMIN HB, 2% VITAMIN HC, 2% VITAMIN HD, 2% VITAMIN HE, 2% VITAMIN HF, 2% VITAMIN HG, 2% VITAMIN HH, 2% VITAMIN HI, 2% VITAMIN HJ, 2% VITAMIN HK, 2% VITAMIN HL, 2% VITAMIN HM, 2% VITAMIN HN, 2% VITAMIN HO, 2% VITAMIN HP, 2% VITAMIN HQ, 2% VITAMIN HR, 2% VITAMIN HS, 2% VITAMIN HT, 2% VITAMIN HU, 2% VITAMIN HV, 2% VITAMIN HV, 2% VITAMIN HW, 2% VITAMIN HX, 2% VITAMIN HY, 2% VITAMIN HZ, 2% VITAMIN IA, 2% VITAMIN IB, 2% VITAMIN IC, 2% VITAMIN ID, 2% VITAMIN IE, 2% VITAMIN IF, 2% VITAMIN IG, 2% VITAMIN IH, 2% VITAMIN II, 2% VITAMIN IJ, 2% VITAMIN IK, 2% VITAMIN IL, 2% VITAMIN IM, 2% VITAMIN IN, 2% VITAMIN IO, 2% VITAMIN IP, 2% VITAMIN IQ, 2% VITAMIN IR, 2% VITAMIN IS, 2% VITAMIN IT, 2% VITAMIN IU, 2% VITAMIN IV, 2% VITAMIN IV, 2% VITAMIN IW, 2% VITAMIN IX, 2% VITAMIN IY, 2% VITAMIN IZ, 2% VITAMIN JA, 2% VITAMIN JB, 2% VITAMIN JC, 2% VITAMIN JD, 2% VITAMIN JE, 2% VITAMIN JF, 2% VITAMIN JG, 2% VITAMIN JH, 2% VITAMIN JI, 2% VITAMIN JJ, 2% VITAMIN JK, 2% VITAMIN JL, 2% VITAMIN JM, 2% VITAMIN JN, 2% VITAMIN JO, 2% VITAMIN JP, 2% VITAMIN JQ, 2% VITAMIN JR, 2% VITAMIN JS, 2% VITAMIN JT, 2% VITAMIN JU, 2% VITAMIN JV, 2% VITAMIN JV, 2% VITAMIN JW, 2% VITAMIN JX, 2% VITAMIN JY, 2% VITAMIN JZ, 2% VITAMIN KA, 2% VITAMIN KB, 2% VITAMIN KC, 2% VITAMIN KD, 2% VITAMIN KE, 2% VITAMIN KF, 2% VITAMIN KG, 2% VITAMIN KH, 2% VITAMIN KI, 2% VITAMIN KJ, 2% VITAMIN KK, 2% VITAMIN KL, 2% VITAMIN KM, 2% VITAMIN KN, 2% VITAMIN KO, 2% VITAMIN KP, 2% VITAMIN KQ, 2% VITAMIN KR, 2% VITAMIN KS, 2% VITAMIN KT, 2% VITAMIN KU, 2% VITAMIN KV, 2% VITAMIN KV, 2% VITAMIN KW, 2% VITAMIN KX, 2% VITAMIN KY, 2% VITAMIN KZ, 2% VITAMIN LA, 2% VITAMIN LB, 2% VITAMIN LC, 2% VITAMIN LD, 2% VITAMIN LE, 2% VITAMIN LF, 2% VITAMIN LG, 2% VITAMIN LH, 2% VITAMIN LI, 2% VITAMIN LJ, 2% VITAMIN LK, 2% VITAMIN LL, 2% VITAMIN LM, 2% VITAMIN LN, 2% VITAMIN LO, 2% VITAMIN LP, 2% VITAMIN LQ, 2% VITAMIN LR, 2% VITAMIN LS, 2% VITAMIN LT, 2% VITAMIN LU, 2% VITAMIN LV, 2% VITAMIN LV, 2% VITAMIN LW, 2% VITAMIN LX, 2% VITAMIN LY, 2% VITAMIN LZ, 2% VITAMIN MA, 2% VITAMIN MB, 2% VITAMIN MC, 2% VITAMIN MD, 2% VITAMIN ME, 2% VITAMIN MF, 2% VITAMIN MG, 2% VITAMIN MH, 2% VITAMIN MI, 2% VITAMIN MJ, 2% VITAMIN MK, 2% VITAMIN ML, 2% VITAMIN MM, 2% VITAMIN MN, 2% VITAMIN MO, 2% VITAMIN MP, 2% VITAMIN MQ, 2% VITAMIN MR, 2% VITAMIN MS, 2% VITAMIN MT, 2% VITAMIN MU, 2% VITAMIN MV, 2% VITAMIN MV, 2% VITAMIN MW, 2% VITAMIN MX, 2% VITAMIN MY, 2% VITAMIN MZ, 2% VITAMIN NA, 2% VITAMIN NB, 2% VITAMIN NC, 2% VITAMIN ND, 2% VITAMIN NE, 2% VITAMIN NF, 2% VITAMIN NG, 2% VITAMIN NH, 2% VITAMIN NI, 2% VITAMIN NJ, 2% VITAMIN NK, 2% VITAMIN NL, 2% VITAMIN NM, 2% VITAMIN NN, 2% VITAMIN NO, 2% VITAMIN NP, 2% VITAMIN NQ, 2% VITAMIN NR, 2% VITAMIN NS, 2% VITAMIN NT, 2% VITAMIN NU, 2% VITAMIN NV, 2% VITAMIN NV, 2% VITAMIN NW, 2% VITAMIN NX, 2% VITAMIN NY, 2% VITAMIN NZ, 2% VITAMIN OA, 2% VITAMIN OB, 2% VITAMIN OC, 2% VITAMIN OD, 2% VITAMIN OE, 2% VITAMIN OF, 2% VITAMIN OG, 2% VITAMIN OH, 2% VITAMIN OI, 2% VITAMIN OJ, 2% VITAMIN OK, 2% VITAMIN OL, 2% VITAMIN OM, 2% VITAMIN ON, 2% VITAMIN OO, 2% VITAMIN OP, 2% VITAMIN OQ, 2% VITAMIN OR, 2% VITAMIN OS, 2% VITAMIN OT, 2% VITAMIN OU, 2% VITAMIN OV, 2% VITAMIN OV, 2% VITAMIN OW, 2% VITAMIN OX, 2% VITAMIN OY, 2% VITAMIN OZ, 2% VITAMIN PA, 2% VITAMIN PB, 2% VITAMIN PC, 2% VITAMIN PD, 2% VITAMIN PE, 2% VITAMIN PF, 2% VITAMIN PG, 2% VITAMIN PH, 2% VITAMIN PI, 2% VITAMIN PJ, 2% VITAMIN PK, 2% VITAMIN PL, 2% VITAMIN PM, 2% VITAMIN PN, 2% VITAMIN PO, 2% VITAMIN PP, 2% VITAMIN PQ, 2% VITAMIN PR, 2% VITAMIN PS, 2% VITAMIN PT, 2% VITAMIN PU, 2% VITAMIN PV, 2% VITAMIN PV, 2% VITAMIN PW, 2% VITAMIN PX, 2% VITAMIN PY, 2% VITAMIN PZ, 2% VITAMIN QA, 2% VITAMIN QB, 2% VITAMIN QC, 2% VITAMIN QD, 2% VITAMIN QE, 2% VITAMIN QF, 2% VITAMIN QG, 2% VITAMIN QH, 2% VITAMIN QI, 2% VITAMIN QJ, 2% VITAMIN QK, 2% VITAMIN QL, 2% VITAMIN QM, 2% VITAMIN QN, 2% VITAMIN QO, 2% VITAMIN QP, 2% VITAMIN QQ, 2% VITAMIN QR, 2% VITAMIN QS, 2% VITAMIN QT, 2% VITAMIN QU, 2% VITAMIN QV, 2% VITAMIN QV, 2% VITAMIN QW, 2% VITAMIN QX, 2% VITAMIN QY, 2% VITAMIN QZ, 2% VITAMIN RA, 2% VITAMIN RB, 2% VITAMIN RC, 2% VITAMIN RD, 2% VITAMIN RE, 2% VITAMIN RF, 2% VITAMIN RG, 2% VITAMIN RH, 2% VITAMIN RI, 2% VITAMIN RJ, 2% VITAMIN RK, 2% VITAMIN RL, 2% VITAMIN RM, 2% VITAMIN RN, 2% VITAMIN RO, 2% VITAMIN RP, 2% VITAMIN RQ, 2% VITAMIN RR, 2% VITAMIN RS, 2% VITAMIN RT, 2% VITAMIN RU, 2% VITAMIN RV, 2% VITAMIN RV, 2% VITAMIN RW, 2% VITAMIN RX, 2% VITAMIN RY, 2% VITAMIN RZ, 2% VITAMIN SA, 2% VITAMIN SB, 2% VITAMIN SC, 2% VITAMIN SD, 2% VITAMIN SE, 2% VITAMIN SF, 2% VITAMIN SG, 2% VITAMIN SH, 2% VITAMIN SI, 2% VITAMIN SJ, 2% VITAMIN SK, 2% VITAMIN SL, 2% VITAMIN SM, 2% VITAMIN SN, 2% VITAMIN SO, 2% VITAMIN SP, 2% VITAMIN SQ, 2% VITAMIN SR, 2% VITAMIN SS, 2% VITAMIN ST, 2% VITAMIN SU, 2% VITAMIN SV, 2% VITAMIN SV, 2% VITAMIN SW, 2% VITAMIN SX, 2% VITAMIN SY, 2% VITAMIN SZ, 2% VITAMIN TA, 2% VITAMIN TB, 2% VITAMIN TC, 2% VITAMIN TD, 2% VITAMIN TE, 2% VITAMIN TF, 2% VITAMIN TG, 2% VITAMIN TH, 2% VITAMIN TI, 2% VITAMIN TJ, 2% VITAMIN TK, 2% VITAMIN TL, 2% VITAMIN TM, 2% VITAMIN TN, 2% VITAMIN TO, 2% VITAMIN TP, 2% VITAMIN TQ, 2% VITAMIN TR, 2% VITAMIN TS, 2% VITAMIN TT, 2% VITAMIN TU, 2% VITAMIN TV, 2% VITAMIN TV, 2% VITAMIN TW, 2% VITAMIN TX, 2% VITAMIN TY, 2% VITAMIN TZ, 2% VITAMIN UA, 2% VITAMIN UB, 2% VITAMIN UC, 2% VITAMIN UD, 2% VITAMIN UE, 2% VITAMIN UF, 2% VITAMIN UG, 2% VITAMIN UH, 2% VITAMIN UI, 2% VITAMIN UJ, 2% VITAMIN UK, 2% VITAMIN UL, 2% VITAMIN UM, 2% VITAMIN UN, 2% VITAMIN UO, 2% VITAMIN UP, 2% VITAMIN UQ, 2% VITAMIN UR, 2% VITAMIN US, 2% VITAMIN UT, 2% VITAMIN UU, 2% VITAMIN UV, 2% VITAMIN UV, 2% VITAMIN UW, 2% VITAMIN UX, 2% VITAMIN UY, 2% VITAMIN UZ, 2% VITAMIN VA, 2% VITAMIN VB, 2% VITAMIN VC, 2% VITAMIN VD, 2% VITAMIN VE, 2% VITAMIN VF, 2% VITAMIN VG, 2% VITAMIN VH, 2% VITAMIN VI, 2% VITAMIN VJ, 2% VITAMIN VK, 2% VITAMIN VL, 2% VITAMIN VM, 2% VITAMIN VN, 2% VITAMIN VO, 2% VITAMIN VP, 2% VITAMIN VQ, 2% VITAMIN VR, 2% VITAMIN VS, 2% VITAMIN VT, 2% VITAMIN VU, 2% VITAMIN VV, 2% VITAMIN VV, 2% VITAMIN VW, 2% VITAMIN VX, 2% VITAMIN VY, 2% VITAMIN VZ, 2% VITAMIN WA, 2% VITAMIN WB, 2% VITAMIN WC, 2% VITAMIN WD, 2% VITAMIN WE, 2% VITAMIN WF, 2% VITAMIN WG, 2% VITAMIN WH, 2% VITAMIN WI, 2% VITAMIN WJ, 2% VITAMIN WK, 2% VITAMIN WL, 2% VITAMIN WM, 2% VITAMIN WN, 2% VITAMIN WO, 2% VITAMIN WP, 2% VITAMIN WQ, 2% VITAMIN WR, 2% VITAMIN WS, 2% VITAMIN WT, 2% VITAMIN WU, 2% VITAMIN WV, 2% VITAMIN WV, 2% VITAMIN WW, 2% VITAMIN WX, 2% VITAMIN WY, 2% VITAMIN WZ, 2% VITAMIN XA, 2% VITAMIN XB, 2% VITAMIN XC, 2% VITAMIN XD, 2% VITAMIN XE, 2% VITAMIN XF, 2% VITAMIN XG, 2% VITAMIN XH, 2% VITAMIN XI, 2% VITAMIN XJ, 2% VITAMIN XK, 2% VITAMIN XL, 2% VITAMIN XM, 2% VITAMIN XN, 2% VITAMIN XO, 2% VITAMIN XP, 2% VITAMIN XQ, 2% VITAMIN XR, 2% VITAMIN XS, 2% VITAMIN XT, 2% VITAMIN XU, 2% VITAMIN XV, 2% VITAMIN XV, 2% VITAMIN XW, 2% VITAMIN XX, 2% VITAMIN XY, 2% VITAMIN XZ, 2% VITAMIN YA, 2% VITAMIN YB, 2% VITAMIN YC, 2% VITAMIN YD, 2% VITAMIN YE, 2% VITAMIN YF, 2% VITAMIN YG, 2% VITAMIN YH, 2% VITAMIN YI, 2% VITAMIN YJ, 2% VITAMIN YK, 2% VITAMIN YL, 2% VITAMIN YM, 2% VITAMIN YN, 2% VITAMIN YO, 2% VITAMIN YP, 2% VITAMIN YQ, 2% VITAMIN YR, 2% VITAMIN YS, 2% VITAMIN YT, 2% VITAMIN YU, 2% VITAMIN YV, 2% VITAMIN YV, 2% VITAMIN YW, 2% VITAMIN YX, 2% VITAMIN YY, 2% VITAMIN YZ, 2% VITAMIN ZA, 2% VITAMIN ZB, 2% VITAMIN ZC, 2% VITAMIN ZD, 2% VITAMIN ZE, 2% VITAMIN ZF, 2% VITAMIN ZG, 2% VITAMIN ZH, 2% VITAMIN ZI, 2% VITAMIN ZJ, 2% VITAMIN ZK, 2% VITAMIN ZL, 2% VITAMIN ZM, 2% VITAMIN ZN, 2% VITAMIN ZO, 2% VITAMIN ZP, 2% VITAMIN ZQ, 2% VITAMIN ZR, 2% VITAMIN ZS, 2% VITAMIN ZT, 2% VITAMIN ZU, 2% VITAMIN ZV, 2% VITAMIN ZV, 2% VITAMIN ZW, 2% VITAMIN ZX, 2% VITAMIN ZY, 2% VITAMIN ZZ



EST. #006

NET WT 10 Lb (4.54 kg)



00079149205409

LOT #: 0422118230

JFFR500100

089628  
FOUR 1.59 OZ OPEN READY WHOLE GRAIN BREADED FISH NUGGETS WITH VEGETABLE PROTEIN PRODUCT PROVIDE 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 1.59 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 712821)

10020540

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-888-3854  
www.highlinerfoods.com

Crackers  
Animal  
cwt

# Trident

## TRIDENT SEAFOODS CORPORATION

501 Shoshone Ave. NW Seattle, WA 98107-1000  
Company: 206-461-1100 Fax: 206-461-1119

Product Name: Pollock Breaded Fish Nuggets  
Brand: OCEAN TREASURES  
Manufacturer: Trident Seafoods Corporation

Code No.: 421880  
GTIN: 0 00 28029 21880 0  
Serving Size: 4 pieces

### I. Meat/Meat Alternate Component

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Seafood, Frozen, Fish Portions	2.67	X	0.78	2.083
<b>Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)</b>				<b>2.00</b>

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG yield information

### II. Alternate Protein Product (APP)

APP is not creditable for this product.

### III. Grains/Breads Component

Please fill out the chart below to determine the creditable servings of Grains/Breads

Creditable Grain Ingredient *	Grams of Ingredient per Serving <sup>1</sup>	Divide	FBG Yield	Creditable Amount
WHOLE WHEAT FLOUR	19.00	+	16	1.19
ENRICHED WHEAT FLOUR	6.45	+	16	0.40
WHOLE GRAIN YELLOW CORN	0.11	+	16	0.01
Totals	25.56	÷	16	1.60
<b>Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)</b>				<b>1.50</b>

\* Creditable grains are whole-grain meal/flour and enriched wheat flour.

<sup>1</sup> (Serving Size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

Non-Creditable Grain Ingredient	Grams of Ingredient per Serving	Divide	Portion Size In Grams	% of Total Non-Creditable Grain per Portion <sup>1</sup>
YELLOW CORN FLOUR	0.85	+	113	0.80%
SOY FLOUR	0.05			
Totals	0.90			

<sup>1</sup> Non-Creditable Grains must be below 2% of the total formula for the product's grain component to be creditable in school meal programs.

Total weight (per portion) of product as purchased 4 pieces

Total creditable amount of product (per portion) 2.00 servings of equivalent meat and 1.50 servings of equivalent grains

\*\*I certify that the above information is true and correct and that each 4.0 ounce serving of the above product contains 2.67 ounces of Alaska Pollock and contributes 2.00 servings of equivalent meat for Child Nutrition Programs. Each 4.0 oz. serving contains 25.56 grams of whole grains and enriched grain products and contributes 1.50 servings of equivalent grains for Child Nutrition Programs.

Signature

Daria Gerasimova

Printed Name

Sr. Manager, FSQA Regulatory Compliance

Title

1/23/2020

Date

206-297-4619

Phone Number

# CRUNCHY OCEAN TREASURES BREADED POLLOCK FISH NUGGETS

**TRIDENT CN**

**PIECE SIZE: UNSIZED**

**ITEM #**

**421880**

OCEAN TREASURES WHOLE GRAIN, CRUNCHY BREADED WILD CAUGHT POLLOCK NUGGETS - FUN FISH SHAPES. CHILD NUTRITION PRODUCT.

AS PACKAGED:

Nutrition Facts	
about 40 servings per container	
Serving size 4 pieces (113 g/4 oz)	
Amount per serving	
<b>Calories</b>	<b>230</b>
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 1g	2%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 380mg	16%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 2mg	10%
Potassium 33mcg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used as a general nutrition guide.</small>	

Visit us @ [www.TridentSeafoods.com](http://www.TridentSeafoods.com)  
e-mail: [Sales@TridentSeafoods.com](mailto:Sales@TridentSeafoods.com)  
Phone: 206-783-3474



Date Code Format: Julian  
Country of Origin: MADE IN THE USA FROM US AND IMPORTED INGREDIENTS

Method of Production: Excluded - 7CFR60.105(b)  
Case Pack: 1/10.00 LB  
Case Net Wt.: 10.00 lb (4.54 kg)  
Case Gross Wt.: 11.20 lb (5.08 kg)  
Package UPC:  
Case GTIN: 0 00 28029 21880 0  
Case Cube (cu.ft.) 0.54

Coating % Target\*\*: 32.96%  
Portion Size Target\*\*: 1 OZ  
\*\* Plus or Minus variation natural to the production process  
Shelf Life: 24 Months FROZEN  
Inner (in)  
Master (in) L 15.00 W 9.94 H 6.25  
Pallet T/H/C 12 ' 7

**Ingredients**

87.04% FISH (ALASKA POLLOCK AND COD) 32.96% BATTER AND BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE, WATER). CONTAINS FISH (ALASKA POLLOCK AND COD), WHEAT, SOY.

**Handling and Preparation**

KEEP FROZEN AT 0° F OR BELOW UNTIL READY TO COOK. THAWING IS NOT RECOMMENDED – COOK FROM FROZEN.

**Cooking Instructions:**\*

Conventional oven: Preheat to 425° F. Place frozen product on lightly greased baking sheet, cook for 18 to 20 minutes until crisp. Turn product halfway through bake time for best results.

Convection oven: Preheat to 375° F. Place frozen product on lightly greased baking sheet, cook for 13 to 15 minutes until crisp. Turn product halfway through bake time for best results.

Deep Fry: Heat oil to 350°F. Fry frozen product for 3 to 3½ minutes until product is golden brown.

Microwave cooking is not recommended.

\* Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

[dgerasimova@TridentSeafoods.com](mailto:dgerasimova@TridentSeafoods.com)

Manager, FSQA Regulatory Compliance

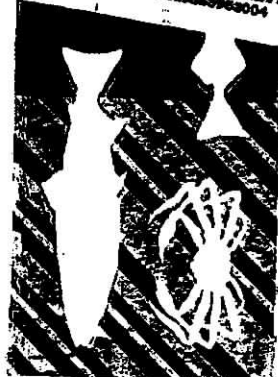
Printed Date: 01/23/2020

Nutritional information is calculated. Data is based on laboratory analysis, information from ingredient suppliers, and USDA Standard Reference values. This information is believed to be accurate, but no warranty is implied.

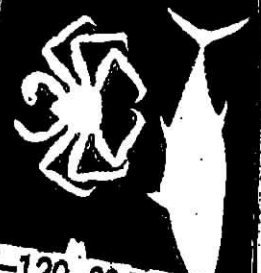


TRIDENT SEAFOODS CORPORATION  
5303 SHILSHOLE AVE NW, SEATTLE, WA 98107

**Trident SEAFOODS**



76-129-08J 4/10 CS  
 LB POLLOCK, BROD WGR 1 Z NUGT  
 P#9863963 031011 Rt 4105 Dr 16 PAL# 9  
 CA#30917488 MPN: 421880  
 O#28987/060 TVCCA  
 02/20  
 Inc. 8020



421880



1 oz. Crunchy Ocean  
 Precooked Breaded Formed Fish



EST. NO. 391B

*expired*

Four precooked breaded fish nuggets (1.0 oz. each) provides 2.00 oz. equivalent meat and 1.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 04/2019).

**Cooking Instructions:**  
 KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended - cook from frozen.  
 Conventional Oven: Preheat to 425° F. Place frozen product on lightly greased baking sheet. Cook for 18 to 20 minutes until crisp. Turn product halfway through baking time for best results.  
 Convection Oven: Preheat to 375° F. Place frozen product on lightly greased baking sheet. Cook for 16 to 18 minutes until crisp. Turn product halfway through baking time for best results.  
 Deep Fry: Heat oil to 350° F. Fry frozen product for 3 to 5 minutes until product is golden brown.  
 Microwave cooking is not recommended.  
 \*Cooking times and temperatures may vary substantially. Internal temperature should be at least 165° F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

**QUICK FROZEN - OVEN READY**  
**NET WT. 10 LB. (4.54 kg)**

GC932332



ALASKA POLLOCK AND COD) 32.96%  
 (WHEAT FLOUR, VEGETABLE  
 OIL, ENRICHED WHEAT FLOUR,  
 SALT, THIAMINE MONONITRATE,  
 NIACIN 2% OR LESS OF: YELLOW  
 CORN FLOUR, WHEAT GLUTEN,  
 YEAST, WHOLE YELLOW CORN FLOUR,  
 LEAVENING (BAKING SODA, SODIUM  
 MONO AND DIGLYCERIDES, EXTRA  
 CT, SPICE, WATER).  
 CONTAINS FISH (ALASKA POLLOCK  
 AND COD), WHEAT, SOY.



CFR# 391124128 391B



11152017

0 00 28029 21880 0

TRIDENT SEAFOODS CORP. 5303 SHILSHOLE AVE. NW, SEATTLE, WA 98107

*3 per serving*





## 1/10 LB Oven Ready Whole Grain Breaded Cod, Made From Minced Fish, Sticks 1 oz, CN

Our Whole Grain Rich seafood solutions not only taste great, they also align with the USDA guidelines for whole grain. Final product is value added and packed in US.;

Product Last Saved Date: 06 March 2024



**HIGH LINER**  
FOODSERVICE™

### Nutrition Facts

40 Servings per container

**Serving Size** 4 Sticks (112g)

Amount Per Serving

**Calories** 210

	% Daily Value*
<b>Total Fat</b> 8 g	<b>10%</b>
Saturated Fat 1 g	6%
Trans Fat 0 g	
<b>Cholesterol</b> 30 mg	<b>11%</b>
<b>Sodium</b> 290 mg	<b>13%</b>
<b>Total Carbohydrates</b> 21 g	<b>8%</b>
Dietary Fiber 2 g	6%
Total Sugars 1 g	
Includes 1 g Added Sugars	%

**Protein** 15 g

Vitamin D 0.5 mcg	2%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 310 mg	6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
55167	10070737551677	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

66.7% MINCED COD [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 33.3% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (COD), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Bake At 375°F For 8-12 Minutes. CONVENTIONAL OVEN: Bake At 400°F For 12-15 Minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

### Serving Suggestions:

Ideal for entrées, sandwiches, dinner salads, and more. Pairs well with a variety of traditional sauces or your own complementary sauce recipes.

### Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED MINCED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.25 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



**CHILD NUTRITION PRODUCT FORMULATION SHEET**

Product Name: Gorton's Crunchy Fish Sticks

Product Codes: 44400 1070      Size: 52 ct – 30.5 oz

Distributed by: Gorton's, Gloucester, MA 01930

List of Fish Variety Used in Product:      Pollock (Minced)

Total Weight per Stick of Uncooked Product (as purchased): 0.59 oz per stick

Weight of Raw Fish per Portion: 0.29 oz raw fish per stick

Ounces Equivalent Meat:

0.59 oz precooked breaded fish stick x 50% raw fish = 0.29 oz raw fish/fillet x 75 %  
cooking yield = 0.21 oz equivalent meat per stick

**5 sticks = 1.0 oz equivalent meat**

You may obtain future copies of this sheet from our website:

<https://www.gortons.com/child-nutrition-information>

Jodi Blanch  
Quality Assurance Manager – Regulatory

Date: January 2, 2023

128 Rogers Street, Gloucester, MA 01930  
978-283-3000



## 1/10 Lb Oven Ready Breaded Cod Sticks 1 oz, CN

High Liner Foodservice Breaded Cod Sticks are what all finger food should be. Coated with carefully seasoned batter, each oven-ready portion cooks in minutes to the perfect combination of delightfully crispy crunch and moist, flaky fish. A convenient, fun, easy-to-prepare option kids and adults will adore.;

Product Last Saved Date: 06 March 2024



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

40 Servings per container

**Serving Size** **4 Sticks**

**Amount Per Serving**  
**Calories** **240**

% Daily Value\*

**Total Fat** 10 g **13%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 30 mg **11%**

**Sodium** 430 mg **19%**

**Total Carbohydrates** 21 g **8%**

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **%**

**Protein** 15 g

Vitamin D 0.5 mcg 2%

Calcium 0 mg 0%

Iron 1.3 mg 8%

Potassium 260 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10021672	00079149216726	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.8125 INH	7.8125 INH	10.125 INH	0.5407 FTQ	20x4	540 Days	-10 FAH / 0 FAH

### Ingredients :

64.2% COD (FISH, WATER, SALT); 35.8% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, WATER, CONTAINS 2% OR LESS OF: SALT, DEXTROSE, YEAST, CELLULOSE GUM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), NATURAL FLAVOR. PREFRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (COD), WHEAT

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for about 20 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

### Serving Suggestions:

Perfect as a fun entrée with a vegetable and starch side. Ideal for school lunch, as well as healthcare and senior living center dining.

### Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY BREADED COD STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

<b>Product Name:</b>	Oven Ready Breaded Pollock Sticks	<b>Code No.:</b>	06791
<b>Manufacturer:</b>	High Liner Foods	<b>Serving Size:</b>	4 – 1oz Sticks

**Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA)  
In Child Nutrition Programs**

**MEAT/MEAT ALTERNATE COMPONENT**

DESCRIPTION OF CREDITABLE MEAT INGREDIENTS PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD B	CREDITABLE AMOUNT A X B
Fish, Pollock	2.5644	X	0.78	2.0002
		X		
<b>TOTAL</b>				2.0002

**ALTERNATE PROTEIN PRODUCT (APP)**

DESCRIPTION OF APP MANUFACTURES NAME AND CODE NUMBER	OUNCES DRY PER APP PORTION C	MULTIPLY	% OF PROTEIN AS IS D	DIVIDE	CREDITABLE AMOUNT APP C X D / 18
N/A		X		18	N/A
		X			
<b>TOTAL CREDITABLE APP AMOUNT</b>					N/A
<b>TOTAL CREDITABLE AMOUNT (MEAT + ALTERNATE ROUNDED DOWN TO NEAREST 1/4 OZ)</b>					2.00

Total weight (per portion) of product as purchased 4 – 1 oz sticks

I certify that the above information is true and correct and that a 4 ounce serving of the above product (ready for serving) contains 2.0 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Disclaimer: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

<b>Signature</b>	<i>Cora O'Rourke</i>	<b>Title</b>	Regulatory Specialist
<b>Printed Name</b>	Cora O'Rourke	<b>Date</b>	09/11/2023



**CHILD NUTRITION PRODUCT FORMULATION SHEET**

Product Name: Gorton's Super Crunchy Fish Sticks

Product Codes: 44400 104900 Size: 64 ct – 60.8 oz (3.8 lbs)

Distributed by: Gorton's, Gloucester, MA 01930

List Varieties of Fish Used in Product: Alaska Pollock

Total Weight per Stick of Uncooked Product (as purchased): 0.95 oz per stick

Weight of Raw Fish per Portion: 0.47 oz raw fish per stick

Ounces Equivalent Meat:

0.95 oz precooked breaded fish stick x 49.8% raw fish = 0.47 oz raw fish/fillet x 78 %  
cooking yield = 0.37 oz equivalent meat

**4 sticks = 1.25 oz equivalent meat**

**3 sticks = 1.0 oz equivalent meat**

You may obtain future copies of this sheet from our website:

<https://www.gortons.com/child-nutrition-information/>

Jodi Blanch  
Quality Assurance Manager – Regulatory

Date: January 3, 2023



## 1/10 LB Battered Pollock Wedges, 3 oz, Kosher, CN

High Liner Foodservice Battered Alaska Pollock Wedges are a great choice for Child Nutrition applications and more. Here, premium wild caught Pollock are dipped in a signature seasoned, kid-friendly batter, and fry or bake from frozen to crunchy, tender flaky fish perfection in minutes. A highly versatile, easy to prepare option for a variety of battered fish applications.;

Product Last Saved Date: 15 March 2024



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

53 Servings per container

**Serving Size** 1 Portion (84g)

**Amount Per Serving**  
**Calories** 170

% Daily Value\*

**Total Fat** 7 g 10%

Saturated Fat 1 g 6%

Trans Fat 0 g

**Cholesterol** 20 mg 7%

**Sodium** 490 mg 21%

**Total Carbohydrates** 18 g 7%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

**Protein** 8 g

Vitamin D 0.7 mcg 4%

Calcium 0 mg 0%

Iron 0.6 mg 4%

Potassium 140 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10022249	00079149222499	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

### Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

48.0% POLLOCK (FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)); 52.0% BATTER AND BREADING: WATER, YELLOW CORN FLOUR, WHEAT FLOUR, BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), IODIZED SALT, SPICES. PREFRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT

### Allergens(C=Contains' MC=May Contain' N=None' NI=No Info Provided):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 4 - 6 minutes. TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16 - 18 minutes. For best results, flip halfway through baking. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

### Serving Suggestions:

Ideal as a school lunch entrée or sandwich, or served as fish and chips paired with your fries and coleslaw, or your own complementary choices.

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: Yes

CN Statement:

ONE 3.00 OZ PARFRIED FISH PORTION PROVIDES 1.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.



**CHILD NUTRITION PRODUCT FORMULATION SHEET**

Product Name: Gorton's Crunchy Fish Sticks

Product Codes: 44400 1070      Size: 52 ct – 30.5 oz

Distributed by: Gorton's, Gloucester, MA 01930

List of Fish Variety Used in Product:      Pollock (Minced)

Total Weight per Stick of Uncooked Product (as purchased): 0.56 oz per stick

Weight of Raw Fish per Portion: 0.28 oz raw fish per stick

Ounces Equivalent Meat:

0.56 oz precooked breaded fish stick x 50% raw fish = 0.28 oz raw fish/fillet x 75 %  
cooking yield = 0.21 oz equivalent meat per stick

**5 sticks (2.8 oz) = 1.0 oz equivalent meat**

You may obtain future copies of this sheet from our website: [Click here](#)

*Jodi Blanch*

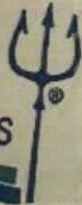
Jodi Blanch  
Quality Assurance Manager – Regulatory

Date: January 2, 2024

128 Rogers Street, Gloucester, MA 01930  
978-283-3000

# Trident

SEAFOODS



418304



EST. NO. 391A

## BAJA FISH STICKS

1 oz Crunchy Breaded Fish Sticks

LOT: A815021



092029  
Four precooked breaded fish sticks (1.0 oz. each) provides 2.00 oz. equivalent meat and 1.25 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, D<sup>HHS</sup>)

**Cooking Instructions\***

**KEEP FROZEN UNTIL READY TO COOK.** Thawing is not recommended - cook from frozen.  
**Convection oven:** Preheat to 425°F. Place frozen product on lightly greased baking sheet, cook for 13 to 15 minutes until crisp. Turn product halfway through bake time for best results.  
**Conventional oven:** Preheat to 400°F. Place frozen product on lightly greased baking sheet, cook for 16 to 18 minutes until crisp. Turn product halfway through bake time for best results.  
**Deep Fry:** Heat oil to 360°F. Fry frozen product for 3 to 5 minutes until product is golden brown.  
 **Microwave cooking is not recommended.**  
\*Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully thawed product. As with all fish, however, occasional bones may still be present.

**QUICK FROZEN - OVEN READY**

**NET WT. 10 LB. (4.54 kg)**

85% FISH (ALASKA POLLOCK), 15% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], WHOLE WHITE CORN TORTILLA PIECES (WHOLE WHITE CORN FLOUR, VEGETABLE OIL [CORN, SOYBEAN AND/OR SUNFLOWER], ENRICHED WHEAT FLOUR [FLOUR, NACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, WHOLE YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR (PROCESSED WITH LIME), SALT, WHEAT GLUTEN, YEAST EXTRACT, DRIED GARLIC, DRIED ONION, DRIED YEAST, GREEN JALAPENO PEPPER, MALTODEXTRIN, SPICES, SUGAR, PAPRIKA EXTRACT [COLOR], COCONUT OIL, CITRIC ACID, NATURAL FLAVORS, ARTIFICIAL FLAVORS, CORN SYRUP SOLIDS, LACTIC ACID, CALCIUM LACTATE, SODIUM CASEINATE [A MILK DERIVATIVE], DIPOTASSIUM PHOSPHATE MONO AND DIGLYCERIDES).  
CONTAINS FISH (ALASKA POLLOCK), WHEAT, MILK

CFNIFE# 3025165 391A



0 00 28029 18304 7

TRIDENT SEAFOODS CORP. 5303 SHILSHOLE AVE. NW, SEATTLE, WA 98107



4 fish sticks = 2.00 oz meat and 1.25 oz equivalent grain.

1-2 year olds: 2 fish sticks

3-5 year olds: 3 fish sticks

6-12 year olds: 4 fish sticks





**HIGH LINER**  
FOODSERVICE

**Oven Ready Whole Grain  
Golden Crunchy Breaded  
Pollock Sticks 1 oz**

**1089876**



INDIVIDUALLY  
QUICK FROZEN

KEEP FROZEN

DO NOT  
REFREEZE

2565366



EST. # 002

**NET WT 10 Lb (4.54 kg)**



10035493898763

**COOKING INSTRUCTIONS FROM FROZEN:**  
TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 9-11 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14-16 minutes.  
**NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.**

**INGREDIENTS:** 64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADING: WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN STARCH, 2% OR LESS OF: WHOLE YELLOW CORN MEAL, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEAT AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), DEHYDRATED ONION, PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

**CONTAINS: FISH (POLLOCK), WHEAT, MILK**

**NEW BOX, SAME GREAT PRODUCT**

LOT#:

0221291270



**CERTIFIED SUSTAINABLE SEAFOOD MSC**  
www.msc.org

From an MSC certified sustainable fishery.  
www.msc.org  
MSC-C-50552

CN

CN

FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERNS REQUIREMENT. USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE. USDA 1/20/08

0898710

CN

**1089876**



10035493898763

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03301  
FOR INQUIRIES CALL: 1-888-860-8964  
www.highlinerfoods.com

37918



# 3.6 oz. OVEN READY WHOLE GRAIN POLLOCK 'N CHEESE RECTANGLES

Contains 39.2% Fish

KEEP FROZEN

## 53954

### Nutrition Facts

Serving Size 1 Piece (101g)  
Servings Per Container About 88

Amount Per Serving

**Calories** 250 Calories from Fat 100

**%Daily Value\***

**Total Fat** 11g **17%**

**Saturated Fat** 4g **20%**

**Trans Fat** 0g

**Cholesterol** 60mg **2%**

**Sodium** 500mg **2%**

**Total Carbohydrate** 23g **8%**

**Dietary Fiber** 0g **0%**

**Sugars** 1g

**Protein** 14g

**Vitamin A** 4% • **Vitamin C** 0%

\*Percent Daily Values are based on a diet of other people's misdeeds.

\*Percent Daily Values are based on a diet of other people's misdeeds.

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 Carbohydrate 4 Protein 4

**Ingredients:** Pollock 39.2%, Cheese 25%, Pasteurized process American Cheese [cultured milk, water, cream, skim milk, sodium phosphate, salt, enzymes, vegetable color (annatto and paprika blend)], Breeding & Baiter 35.8%, Water, whole wheat flour, enriched wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid, tapioca dextrin, yeast, salt, sugar, onion powder, yeast extract, garlic powder, canola oil, natural flavors, dehydrated onion, modified corn starch, leavening (sodium acid pyrophosphate, sodium bicarbonate). **Contains 39.2% Fish**

**CONTAINS:** soybean oil, flour, wheat, milk.

**COOKING INSTRUCTIONS:** Cook from frozen state. Preheat oven to 350°F. Bake at 350°F for 22-25 minutes. **CONVENTIONAL OVEN:** Bake at 375°F for 13-15 minutes.

088691  
One 3.60 oz. Oven Ready Whole Grain Pollock 'N Cheese Portion provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz. equivalent grain for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09-13).

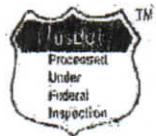


This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. [www.msc.org](http://www.msc.org)



## NET WEIGHT 20 LBS. (9.08Kg)

Manufactured by: High Liner Foods, Portsmouth, NH 03801  
For inquiries call: 1-888-860-3664  
[www.highlinerfoods.com](http://www.highlinerfoods.com)



EST # 041